

End Goal	Outcomes Within the Sector	Outcomes Within Pilgrim Trust	Pilgrim Trust Outputs	Who?	Pilgrim Trust Activity	
<p><b>To improve the mental health of young women through increasing their access to high quality, age, and gender specific mental health provision.</b></p>	<p>There is increased <b>evidence</b> of the value of age and gender appropriate mental health provision.</p>	<p><b>Grantees from the open programme:</b> - Ensure that <b>young women living challenging lives are reached by mental health services</b>; they do this through service approaches that are integrative and strive for substantive equality. -Contribute to a shared learning objective: <b>To evidence and work to share, models of good practice around age and gender informed mental health services.</b></p> <p>Learning-questions will be used in cohort discussions to reflect on this learning objective. Examples will include: (Q) How grantees capture improvements in young women’s mental health (Q) How young women can be best supported in their transition from childhood to adulthood (Q) How mental health provision can build increased agency in their lives/ increased awareness of their rights and capabilities.</p>	<p>2021-2022 x10-12 delivery grants awarded; over three years in duration, at £60k-£90k each.</p> <p>One round per year. Circa x50-60 grants over five years.</p>	<p>The Trust will run the open grant-programme.</p> <p>Year-one will be 100% Pilgrim Trust funding. Future years could involve collaboration with other funders.</p>	<p>The Trust runs <b>The Young Women &amp; Mental Health PLUS(+) programme.</b></p> <p>The grant programme is repeated each year to build a body of grantees to learn from. The programme will be modified if necessary.</p>	<p>OPEN GRANT PROGRAMME</p>
	<p>There is greater <b>collaboration and sharing of good practice</b> in the field of age and gender appropriate mental health provision.</p>	<p><b>Policy &amp; delivery organisations funded:</b></p> <ul style="list-style-type: none"> <li>- Evidence increased reach in helping this group of young women.</li> <li>- Evidence models of good practice around age and gender informed mental health services.</li> <li>- Share ‘what works’ through networks, policy activity, campaigns or a collective voice.</li> </ul>	<p>A collective learning and impact report will be created on an annual basis; this will reflect on the shared learning objective and the learning questions.</p>	<p>An external evaluator will work with the Trust and the cohort to compile collective learning from the open grant programme.</p>	<p>The Trust creates an <b>impact framework</b> to help capture learning from <b>The Young Women &amp; Mental Health PLUS(+) programme.</b> – this has a shared learning objective and top-line learning questions.</p>	
	<p>Those working in this field are better placed to <b>advocate for good practice/policy/systemic change</b></p>	<p><b>The Pilgrim Trust:</b></p> <ul style="list-style-type: none"> <li>- Is better informed about the mental health needs of young women.</li> <li>- Uses its independence and convening powers to showcase /advocate for good practice policy/systemic change.</li> <li>- Has built a reputation and partnerships within this sector</li> </ul>	<p>A cohort of x10-12 grantees per year.</p> <p>A series of network meetings that discuss the learning questions.</p>	<p>The cohort will be run in-house, with support from an external evaluator.</p>	<p>The Trust creates a <b>cohort model for the grantees of The Young Women &amp; Mental Health PLUS(+) programme.</b> This will meet once/ twice a year.</p>	
	<p>The Trust is recognised as a <b>key stakeholder within the sector</b></p>	<p><b>The Pilgrim Trust:</b></p> <ul style="list-style-type: none"> <li>- Is better informed about the mental health needs of young women.</li> <li>- Uses its independence and convening powers to showcase /advocate for good practice policy/systemic change.</li> <li>- Has built a reputation and partnerships within this sector</li> </ul>	<p>TBC e.g. research, briefings, data, networks</p>	<p>The open programme and further research will identify key agencies and networks</p>	<p>The Trust considers strategic <b>grants for research, sector-voice</b> and strengthening networks (geographic and themed).</p>	<p>POLICY INVESTMENT</p>
		<p>TBC. research, data, policy think-tanks.</p>	<p>The Pilgrim Trust – (and with others)</p>	<p>The Trust considers <b>commissioning</b> research, mapping, convening meetings, collaborations</p>		